

Splashing Seniors Program



The Cecil County **Splashing Seniors Program** is a great way to get some exercise and meet new people at the same time. It is one of our most popular programs, offered through a partnership between Cecil County Department of Community Services (DCS) and the Cecil County Family YMCA of the Chesapeake. Join people all across Cecil County and dive into this great alternative to a more traditional workout. Your monthly donation of \$10 gives you year-round access to the **Splashing Seniors Program** and hours of fun!



Splashing Seniors Program is a water aerobics class for individuals 60 and above who are interested in attending! All interested community members **must register** in person at Cecil County DCS-Community Wellness Division Elkton Senior Activity Center located at 200 Chesapeake Blvd. Elkton, MD 21921.

The Elkton Senior Activity Center is easily accessed, via the first floor-REAR entrance of the Cecil County Administrative Building.

For more information regarding the classes offered through the **Splashing Seniors Program**, contact the Cecil County Family YMCA at **410-398-2333**, located at 25 YMCA Blvd. Elkton, MD 21921.



For more information:

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