



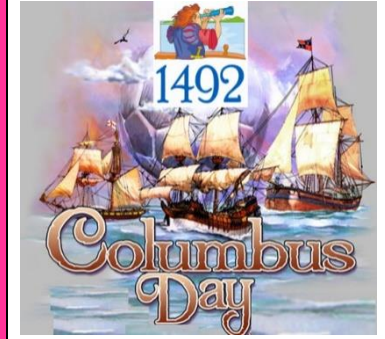
**OCTOBER
BREAST
CANCER
AWARENESS
MONTH**

**Cecil County Department of Community Services
Community Wellness Division**

OCTOBER 2022 Calendar of Events

**Elkton Senior Activity Center
200 Chesapeake Blvd., Suite 1700
Elkton, MD 21921**

410-996-5295 Option #3



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>9:00: Ceramics 9:30: Coffee & Conversation 10:30: Morning Walk 11:30: LUNCH 12:30: Brain Bingo</p>	<p>4</p> <p>9:30: Coffee & Conversation 10:00: Caning 10:00: Quilting Club 10:30: Zumba in the Chair w/ Mary Briggs 11:30: LUNCH 12:30: History of Classic Movie Monsters</p>	<p>5 Walk Maryland Day</p> <p>9:00: Ceramics 9:30: Coffee & Conversation 9:30: Coffee w/ a Cop 9:30: Senior Expressions* 10:00: Calvert Farms Produce 11:00: Outside Walk 11:30: LUNCH 12:30: Exercise w/Heike Crochet Club w/ Mackenzie</p>	<p>6</p> <p>9:30: Coffee & Conversation 10:30: Bingo- Veggie 11:30: LUNCH 12:30: Baltimore, MD Interactive tour & Exercise</p>	<p>7</p> <p><i>Closed</i> BUT STILL AWESOME</p>
<p>10 Columbus Day/ Indigenous Peoples' Day</p> <p><i>Closed</i> BUT STILL AWESOME</p>	<p>11</p> <p>9:30: Coffee & Conversation 10:00: Caning 10:30: Zumba in the Chair w/ Mary Briggs 11:30: LUNCH 12:30: Columbus Day Facts & Activity</p>	<p>12 Farmer's Day</p> <p>9:00: Ceramics 9:30: Coffee & Conversation 9:30: Senior Expressions* 10:00: Calvert Farms Produce 10:30: Exercise w/Heike 11:30: LUNCH 12:30: Wii Bowling 12:30: Crochet Club w/ Mackenzie</p>	<p>13</p> <p>9:30: Coffee & Conversation 10:30: Beverly Jackey Fresh Conversations 11:30: LUNCH 12:00: Bingo- Fruit</p>	<p>14</p> <p><i>Closed</i> BUT STILL AWESOME</p>
<p>17 National Pasta Day</p> <p>9:00: Ceramics 9:30: Coffee & Conversation 10:30: Morning Walk 11:30: LUNCH 12:30: How it's Made Pasta Maker</p>	<p>18</p> <p>9:30: Coffee & Conversation 10:00: Caning 10:00: Quilting Club 10:30: Zumba in the Chair w/ Mary Briggs 11:30: LUNCH 12:30: Halloween Ornament Craft w/ Jackie</p>	<p>19 American Cheese Day</p> <p>9:00: Ceramics 9:30: Coffee & Conversation 9:30: Senior Expressions* 10:00: Calvert Farms Produce 10:30: Exercise w/Heike 11:30: LUNCH 12:30: Trivia 12:30: Crochet Club w/ Mackenzie</p>	<p>20</p> <p>9:30: Coffee & Conversation 10:30: Bingo- Veggie 11:30: LUNCH 12:30: Breast Cancer Awareness handout & Discussion</p>	<p>21 Wear Pink Day</p> <p><i>Closed</i> BUT STILL AWESOME</p>
<p>For more information, call Jackie at 410-996-8176 For Information on Healthy Options Program-Seniors (H.O.P.S), call Judi at 410-996-8177 For information on the Healthy Lifestyles Fitness Center, call Juana at 410-996-8415</p>			<p>* Group is full; ask about being put on a waiting list for openings.</p>	



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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
24		25	Pablo Picasso Day	26	National Pumkin Day	27		28	
9:00: Ceramics 9:30: Coffee & Conversation 10:30: Morning Walk 11:30: LUNCH 12:30: Halloween Felt Craft w/ Jackie		9:30: Coffee & Conversation 10:00: Caning 11:00: Exercise with Tom/Ed 11:30: LUNCH 12:30: Residents Rights and Handout 1:00: Life of Pablo Picasso		9:00: Ceramics 9:30: Coffee & Conversation 9:30: Senior Expressions* 10:00: Calvert Farms Produce 10:30: Exercise w/Heike 11:30: LUNCH 12:30: Wii Bowling 12:30: Crochet Club w/ Mackenzie		9:30: Coffee & Conversation 10:30: Trick or Treat Bingo 11:30: LUNCH 12:30: "Special Event & Games"			
31	Happy Halloween!								
9:00: Ceramics 9:30: Coffee & Conversation 10:30: Morning Walk 11:00: Halloween Riddles 11:30: LUNCH 12:30: Halloween Trivia									

Main Phone #: 410-996-5295

- Elkton Senior Activity Center (press option #3)
- Information & Assistance/State Health Insurance Program, Aging & Disability Resource Center, Caregiver Program, and Long-Term Care Services (press option #1)
- Transportation, Taxi Voucher (press option #2)