

Fall Session

Where: Bainbridge Elementary School Gymnasium

Classes Start: September 14th, for 8 weeks

Days: Mondays and Wednesdays, 6:15 p.m. to 7:15 p.m.

Cost: \$54.00 for two nights per week or \$35.00 for once a week.

Maximum Students: 45 students per class

MAKE CHECKS PAYABLE TO "TREASURER OF CECIL COUNTY"

PARTICIPANT'S NAME _____

ADDRESS _____

PHONE(S) _____ WORK _____

IN CASE OF AN EMERGENCY NOTIFY: NAME _____

PHONE _____

EMAIL ADDRESS _____

FOR MORE INFORMATION CONTACT: Parks and Recreation - (410) 996-8101 or (410) 392-4537

REGISTRATION BY MAIL:

Send form and check made payable to TREASURER OF CECIL COUNTY to
Cecil County Department of Parks and Recreation, 17 Wilson Road Rising Sun, MD 21911

CO-ED ULTRA-FIT AEROBICS CLASS

Waiver and Release

In consideration of being permitted to participate in Co-Ed Ultra-Fit Aerobics Class, sponsored by the Cecil County Department of Parks and Recreation, the Board of County Commissioners of Cecil County, its officers, directors, employees and agents, herein, collectively referred to as Parks & Recreation Co-Ed Ultra-Fit Aerobics Class, I understand and agree that:

1. I acknowledge that I have been advised of medical risks that may result from such participation and I represent to Parks & Recreation that I have consulted my personal physician or other health authority and am physically capable of such participation without injury.
2. I understand that Parks & Recreation provides NO insurance coverage for me or my child, if the participant is a minor.
3. I understand that the supervising instructor and/or his/her assistant(s) may be volunteers or may receive a salary for their services which comes from your program fee(s).
4. I understand that Parks & Recreation may photograph programs and participants for publicity and accountability purposes.
5. I recognize the risks of illness and injury inherent in any exercise/physical fitness program and am participating in this Parks & Recreation program upon express agreement and understanding that I am hereby waiving and releasing Parks & Recreation, its officers, directors, employees and agents from any and all claims, costs, liabilities, expenses or judgements, including attorney's fees and court costs (herein collectively referred to as "Claims") arising out of my participation in the aforesaid Co-Ed Ultra-Fit Aerobics Class or any illness, injury or death resulting there from, and hereby agree to indemnify and hold harmless Parks & Recreation from and against all such Claims except Claims proximately caused by the gross negligence or willful misconduct of Parks & Recreation.
6. I hereby execute and deliver this waiver and release voluntarily and with full understanding of the contents and consequences thereof and to induce Parks & Recreation to permit me to participate in this program.

Signature

Date