

From the President, Board of County Commissioners



CECIL COUNTY GOVERNMENT
EKTON, MARYLAND 21921

Dear Cecil County Seniors:

Recognizing Cecil County's agricultural heritage, the coming of fall is symbolic of the time to harvest and prepare for the coming winter. With that as my theme, I encourage you to harvest new programs, activities and friends by participation in a Senior Center. You should also consider challenging yourself by utilizing our fantastic Healthy Lifestyles Fitness Center that is designed for seniors. A new activity for yourself and perhaps a wee bit of customized fitness will make those winter months fly by.

Our heritage also is one of support for our neighbors through the fall and winter. Do you know of anyone who could use one or more of the tremendous service support we offer, such as hot meal programs, legal assistance referral services, Medicaid Waiver for those eligible, and transportation to medical appointments or the senior center? This is only a small sampling of what Senior Services and Community Transit offers. Please visit their home web page (ccgov.org/dept_aging) for details on all of their programs and services.

Welcome the coming of fall and winter as a challenge to take advantage of all that Senior Services and Community Transit has to offer you!

Warmest regards,

Brian C. Lockhart, President
Board of County Commissioners

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HAPPENINGS

Fall 2009



SSCT

Cecil County

Senior Services & Community Transit

200 Chesapeake Boulevard, Suite 2550

Elkton, MD 21921



Dear Cecil Seniors:

I know each and every one of you recognizes this image of Uncle Sam, and I'll bet you remember it was about your country needing you during troubled times. We are most certainly in an economic difficulty that impacts every aspect of all Americans lives, and in particular many of our friends, neighbors and citizens of Cecil County.

So what on earth does that mean to you as a senior who has already given so much to this wonderful country?

You have two great things you can still contribute to Cecil County without costing a dime: giving of some of your time that you now enjoy, and perhaps sharing your wealth of knowledge and leadership skills you gained while working hard to achieve your retirement.

It's my "ask of you" to consider that it's time to Volunteer Again!

I am sure your work was hard and the day you were able to a walk away from it was most satisfying, but I know it's true that my work experience provides me with certain satisfaction of getting the job done, and I'll bet yours did too. I personally have returned to work after two years of retirement and have found it to have re-invigorated, re-focused, and re-energized me.

The sad truth is that many tasks at so many great agencies in Cecil County are not getting done because of lack of funding to fill positions that do make a difference. Volunteer opportunities at these agencies offer tremendous satisfaction in knowing that the task at hand makes a tremendous difference in the lives of so many people in Cecil County

Within the next month, Senior Services and Community Transit will roll out our new campaign for volunteerism with the focus on what it can mean to you. You can still make a difference, you can still contribute and you can still finish a day with the satisfaction that you returned the favor that so many gave to all of us when they stepped up. It's time to re-energize yourself and help your neighbors.

Greg Bayor, Director

To Protect Yourself & Those You Love

get immunized
against
INFLUENZA



2009 Walk-in Clinics for

Seasonal Flu Immunization

Cecil County Health Department

401 Bow Street Elkton, Maryland

Cash, Check, Medicare Part B, Credit Card
& Debit Card Accepted

Monday, October 5th 11:00 am—7:00 pm
Tuesday, October 6th 7:30 am—1:30 pm
Friday, October 9th 8:30am—4:00 pm

Rising Sun Banquet Hall

300 Biggs Highway, Rising Sun, Maryland
Cash, Check & Medicare Part B Accepted

Friday, October 16th 8:00 am - 3:00 pm

For more information, call 410-996-1005

Or visit our website at: www.cecilcountyhealth.org

Cost:

\$25 Seasonal Flu Shot

\$35 Seasonal Flu Mist

No Appointment Necessary

No one will be denied service due to
inability to pay.

Give someone you love the gift of good health. Purchase a gift certificate for the seasonal flu vaccine at the Cecil County Health Department. For more information, please call 410-996-5550.